



*2007-2008*  
**RESOURCE DIRECTORY**



Shakopee Office  
712 Canterbury Rd. S.  
Shakopee, MN 55379  
(952) 496-2125

Chaska Office  
110650 Village Rd.  
Chaska, MN 55318  
(952) 960-9700

Rosemount Office  
2496 145<sup>th</sup> St. W.  
Rosemount, MN 55068  
(651) 322-3500

*www.capagency.org*  
Serving Scott, Carver and Dakota Counties

*This Resource Directory is available on line at [www.capagency.org/pdffiles/AgencyResourceDirectory.pdf](http://www.capagency.org/pdffiles/AgencyResourceDirectory.pdf)  
Updated March 2007*

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*This publication is for resource information only and does not imply endorsement by the CAP Agency*

## AGENCIES

### **CAP AGENCY - \*Serving Scott, Carver and Dakota Counties**

Shakopee Office (Serving Scott and Carver Counties) 712 Canterbury Road S Shakopee, MN 55379 PHONE: (952) 496-2125 FAX: (952) 402-9815	Carver Office (Serving Carver County) 110650 Village Road Chaska, MN 55318 PHONE: (952) 960-9700 FAX: (952) 960-9698	Rosemount Office (Serving Dakota County) 2496 145 <sup>th</sup> St W Rosemount, MN 55068 PHONE: (651) 322-3500 FAX: (651) 322-3555
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**Please Note: Programs not in italics currently serve only Scott and Carver Counties. Programs in italics also serve families in Dakota County.**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>▪ Child Care Resource and Referral</li> <li>▪ CHORE (Senior assistance-Scott County)</li> <li>▪ Crisis Nursery (612-839-5101)</li> <li>▪ <i>Dakota Healthy Families</i></li> <li>▪ <i>EAP (Energy Assistance Program)</i></li> <li>▪ Emergency Services (other than food)</li> <li>▪ <i>Family Assets in Minnesota (FAIM)</i></li> <li>▪ Food Shelf</li> <li>▪ Furniture Donations (referral only)</li> <li>▪ <i>Head Start</i></li> </ul> | <ul style="list-style-type: none"> <li>▪ Holiday Project</li> <li>▪ <i>Housing Programs</i></li> <li>▪ MAC</li> <li>▪ Meals on Wheels</li> <li>▪ <i>Senior Dining</i></li> <li>▪ SHIP (Health Insurance Counseling)</li> <li>▪ Thrift Shop</li> <li>▪ <i>Ways to Work</i></li> <li>▪ <i>Weatherization</i></li> <li>▪ WIC</li> </ul> |
|---|--|

### **INFORMATION AND REFERRAL AGENCIES**

United Way 211	(651) 291-0211 or 211
American Red Cross (5 p.m. – 8 a.m. weekends & holidays)	
Anoka/Carver/Scott Counties Emergency Social Services	(651) 291-4680
After hours Crisis Intervention	(651) 291-4680
MN Dept. of Human Services	(651) 431-2000
	1-888-627-3529 (TTY)

### **CAC (Community Action Council)**

20730 Holyoke Avenue W. (P.O. Box 1256), Lakeville, MN 55044-1256      PHONE: (952) 985-5300  
 FAX: (952) 985-4015  
 TTY: (952) 985-4077

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>▪ Auto Loan Program</li> <li>▪ Emergency Services</li> <li>▪ B. Robert Lewis House (Women's Shelter)</li> <li>▪ Food Shelf (Eagan, Apple Valley, Burnsville, Lakeville, Farmington)</li> </ul> | <ul style="list-style-type: none"> <li>▪ Sexual Assault Advocate Program</li> <li>▪ Armful of Love (Holiday Project)</li> </ul> |
|---|---|

### **CARVER COUNTY COMMUNITY SOCIAL SERVICES**

General Information	(952) 361-1600 or (952) 361-1673 (TDD)
MFIP	(952) 361-1600
Child Care Assistance	(952) 361-1600
Child Protection	(952) 361-1600
Child Support	(952) 361-1600
Medical Assistance	(952) 361-1600
Food Stamps	(952) 361-1600
Public Health	(952) 361-1329

## DAKOTA COUNTY SOCIAL SERVICES

Automated Message	(651) 554-6000
Adult Services	(651) 554-6001
MFIP	(651) 554-5611
Child Support	(651) 554-5909
Medical Assistance	(651) 554-5611
Food Stamps	(651) 554-5611
Public Health	(651) 554-6100
Child Care <i>*Ask for Child Care Assistance</i>	(651) 554-5611
Crisis Response Unit	(952) 891-7171
Child Protection	(952) 891-7400 (day) (952) 891-7171 (eve/wknd)

## SCOTT COUNTY HUMAN SERVICES

General Information	(952) 445-7750
<i>*All services are reached at general information number</i>	
MFIP (Valley Green Workforce Development Center)	(952) 496-8686
Child Support	(952) 445-7751
Medical Assistance	(952) 445-7751
Food Stamps	(952) 445-7751
Public Health & Public Health Nursing (Valley Green Workforce Development Center)	(952) 496-8555
Child Care Licensing & Child Protection	(952) 445-7751

## HASTINGS FAMILY SERVICE

121 East Third Street, Hastings, MN 55033

- Used Clothing
- Emergency Food and Clothing Pantry
- Meals on Wheels
- Emergency Supplies/fire victims
- Furniture Bank
- Holiday Project
- Just Friends: Transportation, Tele-Care & Home Visiting

PHONE: (651) 437-7134

- Volunteer Income Tax Assistance
- Emergency Financial Assistance
- Commodities
- Information and Referral
- MAC/NAPS
- Habitat for Humanity

## NEIGHBORS, INC.

218 - 13th Avenue S., South St. Paul, MN 55075

- Clothes Closet
- Used Furniture
- Emergency Services/Food
- Love Your Neighbor *\*Holiday Project*
- Come As You Are *\*Services for disabled individuals*
- Meth Support Network

PHONE: (651) 455-1508

FAX: (651) 455-1319

- Type II Diabetes Support Groups
- Telephone Reassurance
- Sharing and Caring *\*Support Group*
- Transportation
- Loss

## SALVATION ARMY

PHONE: (651) 322-3510

## LUTHERAN SOCIAL SERVICES

PHONE: (651) 642-5990

*\* Housing, Immigration, Refugee Employment, Homeless Youth, Mental Health, Counseling/Case Mgmt and Financial Counseling*

## THE BEEHIVE

PHONE: 1-800-543-7709

“ www.thebeehive.org”

*\* Free confidential information and referral 24/7, multi-language assistance offered*

## CULTURALLY DIVERSE RESOURCES

ABC Child Care Center	(651) 225-4657
Casa De Esperanza	(651) 772-1611
<i>*Battered women's shelter, community advocacy, information and referral, translation assistance</i>	
Centro	(612) 874-1412
<i>*Food shelf, education, family counseling, chemical dependency, women's programs, employment services</i>	
Center for Victims of Torture	(612) 436-4800
Centro Legal	(651) 642-1890
<i>*Legal services, legal education</i>	
CLUES (Chicanos Latinos Unidos En Servicios)	(612) 746-3500 (Mpls)
<i>*Education, employment, health, counseling, ESL, mental health, Chemical Dependency sexual abuse, finances,</i>	
	(651) 379-4200 (St. Paul)
	(651) 292-0347 (FAX)
Community-University Health Care Center/Varsity Club/Children's Clinic	(612) 638-0700
<i>*Health care, including prenatal/ob-gyn care and nurse midwife program/dental/mental health/social services</i>	
Ecuadorian Consulate	(612) 721-6468
Embajada de Mexico (Mexican Consulate)	(651) 771-5494
Hispanic Chamber of Commerce	(612) 312-1691
Ronald Hubb Center for Lifelong Learning	(651) 290-4822
Hispanic Health Network	(612) 722-0796
<i>*Health services, cultural competency trainings</i>	
Hmong American Partnership	(612) 377-6482 (Mpls)
	(651) 291-1811 (St. Paul)
Hmong Cultural Center	(651) 917-9937
Jewish Family and Children's Service	(952) 546-0616
La Familia Guidance Center	(651) 221-0913
<i>*Children's therapist, cultural trainings</i>	
La Oportunidad, Inc.	(612) 872-6165
<i>*Violence prevention</i>	
Lao Family Community	(651) 221-0069
Legal Rights Center. Inc.	(612) 337-0030
<i>*Legal assistance in criminal and traffic violation cases, bilingual</i>	
Migrant Legal Services-Need to be living South of the Cities	(651) 291-2837 (Free Service)
<i>*Legal assistance for civil case, community education</i>	
Neighborhood House-Food Shelf, ESL, GED (55107 zip code only)	(651) 789-2500
Neighborhood Justice Center (check to see if taking new clients)	(651) 222-4703
<i>*Criminal defense, referral, community education services, low-income people primarily in Ramsey, Washington and Dakota Counties</i>	
New Citizen Work Center	(952) 403-7660
PACER Center's Multicultural Project	(952) 838-9000
<i>*Advocacy, workshops, and information to help parents of all races of children with disabilities increase their involvement and better advocate for their children in the school system</i>	
Prevent Child Abuse Minnesota	(651) 523-0099
<i>*Resources, information, referral for parents</i>	
Shakopee Dakota Health Clinic	(952) 496-6150
<i>*Native Americans</i>	
Su Familia	1-866-783-2645 (toll free)
<i>*National Hispanic Family Health Help Line</i>	
	1-866-Su-Familia
Tri-Valley Migrant Head Start	(952) 890-4064
<i>*Education, pre-school, health, child abuse prevention resources in Spanish summer migrant program</i>	

United States Immigration \*Green Cards, self services  
information, www.uscis.gov  
United Way \*Statewide information

1-800-375-5283  
(651) 291-0211

## **EDUCATION**

### **ADULT BASIC EDUCATION (ABE)**

Carver-Scott Educational Cooperative \*General Info (952) 368-8800  
Central Intake (952) 368-8852  
Belle Plaine (952) 403-7692  
Hastings (651) 438-0742  
Lester Prairie (952) 368-8124  
New Prague (952) 758-1282  
Watertown-Mayer (952) 955-0240  
Westonka (952) 491-8463

**GED**

Adult Education (Apple Valley) (952) 431-8316  
Adult Education (Savage) (952) 445-4774  
Adult Education (Scott and Carver Counties) (952) 403-7691  
English Language (Scott and Carver Counties) (952) 403-7692  
Farmington Adult Education (651) 463-5077  
ISD 191 School For Adults (952) 707-4125  
Apple Valley ABE (952) 431-8316  
Burnsville-Eagan ABE (952) 707-4125  
Farmington ABE (651) 463-5077  
ABE Mgr (651) 460-3211  
Lakeville ABE (952) 469-7116  
Office Mgr (952) 232-2080  
Savage (952) 736-8900  
Prior Lake (952) 403-7683  
South Suburban ABE (651) 457-9441  
*\*Serving South St. Paul/Inver Grove Heights/West St. Paul*

### **CAREER WORKSHOPS, JOB FINDING SKILLS**

Career Solutions (651) 647-9961  
Dakota County Technical College (Rosemount) (651) 423-8000  
Hennepin Technical College (952) 995-1300  
*\*Expanded Career Choices, Employment & Training*  
Inver Hills Community College (Inver Grove Heights) (651) 450-8500  
Normandale Community College (Bloomington) (952) 487-8200 or  
1-866-880-8740 (Toll Free)

Employment & Training:

- Carver County – WorkForce Center (952) 361-1711
- Dakota County – WorkForce Center (651) 554-5955
- Scott County – WorkForce Center (952) 445-7087

Rehabilitation Services (651) 296-5616 or  
1-800-328-9095

Women Venture (*starting own business*) (651) 646-3808

## COMMUNITY EDUCATION

Apple Valley	(651) 423-7722	Mendota Heights	(651) 681-2389
Belle Plaine	(952) 873-2411	Norwood/Young America	(952) 467-7390
Burnsville		Prior Lake	(952) 226-0080
*Adult	(952) 707-4110	Rosemount	(651) 423-7920
*Youth & Family	(952) 707-4150	Savage	(952) 226-0080
Chaska-Chanhassen	(952) 556-6200	Shakopee	(952) 496-5029
Eagan	(651) 423-7722	South St. Paul	(651) 306-3602
Farmington	(651) 460-3200	Waconia	(952) 442-0610
Hastings	(651) 438-0880	Watertown	(952) 955-0208
Inver Grove Heights	(651) 306-3602	West St. Paul	(651) 681-2389
Jordan	(952) 492-6211		
Lakeville	(952) 232-2150		

## COMMUNITY COLLEGES/TECHNICAL INSTITUTES

Dakota County Technical College (Rosemount)	(651) 423-8301 or 1-877-937-3282
Hennepin Technical College (Eden Prairie)	(952) 995-1300
Inver Hills Community College (Inver Grove Heights)	(651) 450-8500
Metropolitan State University (St. Paul Campus)	(651) 793-1300
Metropolitan State University (Mpls. Campus)	(612) 659-7301
Minneapolis Community & Technical College (Mpls.)	(612) 659-6218
Minnesota School of Business (Shakopee)	(952) 345-1200
Normandale Community College (Bloomington)	(952) 487-8239
St. Paul Technical College (St. Paul)	(651) 846-1600
U of M Extension	(612) 624-1222

## E.C.F.E. (Early Childhood Family Education)

Belle Plaine	(952) 873-6767	Jordan	(952) 492-3233
Burnsville	(952) 707-4155	Lakeville	(952) 469-7395
Chaska-Chanhassen- Carver-Victoria	(952) 556-6219	Prior Lake	(952) 226-0950
Eagan	(952) 431-8340	Rosemount/Apple Valley	(952) 431-8340
Farmington	(651) 460-5035	Shakopee	(952) 496-5033
Hastings	(651) 437-3724	South St. Paul	(651) 457-9418
Inver Grove Heights	(651) 457-9418	Waconia	(952) 442-0611
		Watertown-Mayer	(952) 955-0273
		West St. Paul	(651) 405-2638

## LIBRARIES

Apple Valley	(952) 891-7045	Lakeville	(952) 891-0360
Belle Plaine	(952) 873-6767	New Prague	(952) 758-2391
Burnsville	(952) 891-0300	Norwood-Young America	(952) 467-2665
Chanhassen	(952) 227-1500	Prior Lake	(952) 447-3375
Chaska	(952) 448-3886	Savage	(952) 707-1770
Eagan	(651) 450-2900	Shakopee	(952) 233-9590
Farmington	(651) 438-0250	South St. Paul	(651) 554-3240
Hastings	(651) 438-0200	Waconia	(952) 442-4714
Inver Grove Heights	(651) 554-6840	West St. Paul	(651) 554-6800
Jordan	(952) 492-2500	Watertown	(952) 955-2939
Book Mobile Information	(952) 891-0300		

## **PRESCHOOL SCREENINGS (Early Childhood Screening)**

Carver County	
▪ Chaska	(952) 556-6224
▪ Chanhassen	(952) 556-6200
▪ Norwood Young America	(952) 467-7390
▪ Waconia	(952) 442-0610
▪ Watertown	(952) 955-0208
Dakota County	
▪ Burnsville/Eagan/Savage – District 191	(952) 707-4150
▪ Farmington – District 192	(651) 460-3200
▪ Hastings – District 200	(651) 438-0654
▪ Inver Grove Heights/South St. Paul – Districts 199/6	(651) 306-3603
▪ Rosemount/Apple Valley/Eagan – District 196	(952) 431-8330
▪ W. St. Paul	(651) 405-2483
Scott County	
▪ Belle Plaine – District 716	(952) 873-2417
▪ Jordan – District 717	(952) 492-4342
▪ Prior Lake – District 719	(952) 226-0975
▪ Shakopee – District 720 (First Step)	(952) 496-5072

## **EARLY CHILDHOOD SPECIAL EDUCATION**

Carver County	
▪ Chaska – District 112	(952) 556-6173
▪ Watertown/Mayer – District 111	(952) 368-0160
Dakota County	
▪ Burnsville/Eagan/Savage – District 191	(952) 895-6610
▪ Farmington – District 192	(651) 463-5066
▪ Hastings – District 200	(651) 438-0874
▪ Inver Grove Heights – District 199 (3-5 years)	(651) 306-7313
▪ Inver Grove Heights/South St. Paul ( <i>Birth-3 years</i> )	(651) 306-3606
▪ Lakeville – District 194	(952) 469-7191
▪ Rosemount/Apple Valley/Eagan – District 196	(952) 431-8700
▪ South St. Paul – District 6 (3-5 years)	(651) 457-9497
▪ West St. Paul/Mendota Heights – District 197	(651) 905-4196
Scott County	
▪ MN River Valley Special Education Co-op * <i>Except Jordan &amp; Shakopee</i>	(952) 492-3030
▪ Jordan – District 717	(952) 492-4285
▪ Shakopee – District 720	(952) 496-5072
Additional Programs	
▪ Arc Greater Twin Cities	(952) 890-3057
▪ CAP Agency Head Start Scott & Carver Counties	(952) 496-2125
Dakota County	(651) 322-3500
▪ Dakota County Developmental Disabilities Intake	(651) 891-7459
▪ First Step Central Intake (Carver County)	(952) 368-0160
▪ First Step Central Intake (Scott County)	(952) 496-5059
▪ MN Children with Special Health Needs	1-800-728-5420 (Toll Free)
▪ PACER Center	(952) 838-9000

## SCHOOL DISTRICTS

Belle Plaine – District 716	(952) 873-2400
Burnsville/Savage – District 191	(952) 707-2000
Chaska – District 112	(952) 556-6100
Eagan/Apple Valley/Rosemount – District 196	(952) 423-7700
Farmington – District 192	(651) 463-5000
Hastings – District 200	(651) 437-6111
Inver Grove Heights – District 199	(651) 306-7800
Jordan – District 717	(952) 492-6200
Lakeville – District 194	(952) 469-7100
New Prague – District 721	(952) 758-1700
Norwood/Young America – District 108	(952) 467-7100
Prior Lake/Savage – District 719	(952) 226-0000
Shakopee – District 720 *Information	(952) 496-5000
▪ Pearson Elementary	(952) 496-5852
▪ Sweeney Elementary	(952) 496-5952
South St. Paul – District 6	(651) 457-9400
Waconia – District 110	(952) 442-0600
Watertown-Mayer – District 111	(952) 955-0200
West St. Paul/Mendota Heights/Eagan/IGH – District 197	
▪ Call Transportation Dept. to determine school	(651) 681-2332

## VOLUNTEER OPPORTUNITIES

CAP Agency	(952) 496-2125
AMICUS	(612) 348-8570
CAC	(952) 985-5300
Carpenter Nature Center	(651) 437-4359
CART Transportation	(952) 466-5260
Carver County Social Services	(952) 361-1600
Children's Home Society	(651) 646-7771 1-800-952-9302
Dakota County Volunteer Opportunities (through CAC)	(952) 997-4492
DARTS (West St Paul)	(651) 455-1560
Hastings Family Service	(651) 437-7134
Neighbors	(651) 455-1508
Regina Medical Center	(651) 480-4100
Scott County Human Services	(952) 445-7751
Twin Cities Habitat for Humanity	(612) 331-4090

## FAMILY SUPPORT

### ADVOCACY/SYSTEMS CHANGE

Minnesota House Information	(651) 296-2146
Minnesota Senate Information	(651) 296-0504
Better Business Bureau	(651) 699-1111
Attorney General – Consumer Protection Division	(651) 296-3353

### CHILD CARE

Child Care Aware	1-800-424-2246
Child Care Resource & Referral	

- Resources for Child Caring (651) 641-0305  
(Scott, Carver & Dakota Counties)
- MN CCR&R Network (www.mnchildcare.org) (651) 641-0332
- Crisis Nursery (Crisis Nurseries of Minnesota) 1-800-543-7709
- Scott & Carver Counties (612) 839-5101
- Parent Support Services
- Dakota County (651) 641-1300
- Day Care Licensing
- Carver County (952) 361-1600
- Dakota County (952) 891-7480
- Scott County (952) 445-7751
- Subsidized/Sliding Fees
- Carver County Child Care Assistance (952) 361-1721
- Dakota County Child Care Assistance (651) 554-5611
- Scott County Child Care Assistance (952) 496-8686

## CLOTHING

- Bargains on Broadway Thrift Shop (Jordan) (612) 419-9519
- Body Expressions (Chaska) (952) 368-3444
- CAP Agency Thrift Shop (Shakopee) (952) 402-9878
- Clothes Closet (Bloomington) (952) 941-1247
- Goodwill (Shakopee) (952) 233-8897
- Apple Valley (952) 953-4410
- Shakopee (952) 233-8897
- St. Paul (651) 451-2014
- Hands of Friendship Thrift Shop (New Prague) (952) 758-5114
- Hastings Family Services (free to Hastings Residents, others can buy) (651) 437-7134
- Neighbors - Clothes Closet (South St. Paul) (651) 455-0447
- Once Upon a Child (Burnsville) (952) 432-8802
- Once Upon a Child (Eden Prairie) (952) 941-3515
- Peace Center (New Prague, food and clothing) (952) 758-4688
- Ready For Success (\*Need a referral) (612) 871-4086
- Salvation Army (St. Paul) (612) 789-2858
- Victory Value Store (Burnsville) (952) 890-8222
- Worldwide Missions Thrift Center (Burnsville) (952) 882-7899
- Free Clothing**
- Dayton Presbyterian (St. Paul) (651) 227-7389
- St. Luke's Swap Shop (St. Paul) (651) 227-7669

## FAMILY RECREATION

- Apple Valley Parks Recreation (952) 953-8701
- Bell Museum of Natural History (612) 624-7083
- Carpenters Nature Center (Hastings) (651) 437-4359
- Carver County Historical Society (952) 442-4234
- Carver County Parks (952) 466-5250
- Chaska Community Center (952) 448-5633
- Children's Museum (651) 225-6000
- Children's Theatre (612) 874-0400
- Como Park Zoo (651) 487-8200
- Dakota County Parks (651) 438-4636
- Historic Fort Snelling (612) 725-2413
- Minneapolis Institute of Arts (612) 870-3131
- MN Landscape Arboretum (952) 443-1400
- MN Museum of Art (651) 266-1030
- MN ZOO (Apple Valley) (952) 431-9200

Murphy's Landing (Shakopee)	(763) 694-7784
Science Museum	(651) 221-9444
Shakopee Community Center	(952) 233-9500
Society for the Arts (Burnsville)	(952) 431-4155
Valley Fair (Shakopee)	(952) 445-7600
County Extension Services	
<i>*4H and other youth programs</i>	
▪ Carver	(952) 466-5300
▪ Dakota	(651) 480-7700
▪ Scott	(952) 492-5410

### **Children and Youth**

#### **Parks & Recreation**

Apple Valley	(952) 953-2300
Burnsville	(952) 895-4500
Chaska	(952) 448-5633
Eagan	(651) 675-5500
Farmington	(651) 463-1850
Hastings	(651) 436-5391
Inver Grove Heights	(651) 450-2585 or -2586 (651) 450-2586 (pool) (651) 450-2480
Lakeville	(952) 985-4600
Savage	(952) 882-2685
Shakopee	(952) 233-9500
South St. Paul	(651) 554-3260
Boy Scouts/Viking Council	(763) 545-4550
Kids 'n Kinship	(952) 892-6368
YMCA (Burnsville)	(952) 898-9622

*\* Contact your local community theatre for reasonably priced local entertainment!*

## **FOOD**

Emergency Food Shelf Network	(763)-450-3860
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### **Fare For All (formerly FareShare)**

*\*Volunteer in your community for monthly food packets  
- a \$28-\$32 value for \$15 and 2 hours of volunteering*

1-800-582-4291

### **Food Co-ops**

Spiral Food Co-op (Hastings)	(651) 437-2667
Valley Natural Foods (Burnsville)	(952) 891-1212

### **Food Stamps**

Carver County Community Social Services	(952) 361-1600
Dakota County Economic Assistance	(651) 554-5611
Scott County Human Services	(952) 445-7751

### **Food Shelves**

CAP Agency – Scott & Carver Counties	(952) 496-2125
CAC – Dakota County (Lakeville admin office)	(952) 985-5300
Centro	(612) 874-1412
Friends for Life Food Shelf (Watertown)	(952) 955-1980
Hastings Family Services	(651) 437-7134
Jordan	(612) 840-9407
Neighbors-North Dakota County	(651) 455-1508
Peace Center (New Prague, M, W, F 9-12:30 appt. & referral only)	(952) 758-4688
Southwest Carver Co. Food Shelf (Norwood-Young America)	(952) 467-1870
St. John's Catholic Church (Belle Plaine)	(952) 873-6219
Victory Value Food Pantry	(952) 890-8222
Waconia United Food Shelf	(952) 442-3878

### **Free Meal**

Hosanna Lutheran Church (9600 – 163rd St. W., Lakeville) (952) 435-3332

*\*Tuesday evenings, 5:00-6:30 p.m.*

### **Information on Foods/Nutrition**

Minnesota Extension Services

- Carver County (952) 466-5300
- Scott County (952) 492-5410
- Dakota County (651) 480-7700

### **WIC (Women, Infants and Children)**

Dakota County Public Health (952) 891-7525  
CAP Agency (Scott County) (952) 496-2125  
CAP Agency (Carver County) (952) 960-9701 or 9702

### **MAC (Mothers and Children)**

CAP Agency-Distribution Site only, call to enroll (651) 484-8241 or 800-365-0270

### **NAPS (Nutritional Assistance Program for Seniors)**

CAP Agency-Distribution Site only, call to enroll (651) 484-8241 or 800-365-0270

## **FUEL ASSISTANCE AND WEATHERIZATION**

CAP Agency  
▪ Dakota County (651) 322-3500  
▪ Scott & Carver Counties (952) 496-2125  
Heat Share-St Paul (651) 224-6946

## **FURNITURE**

Bridging, Inc. (952) 888-1105  
CAP Agency (referral only) (952) 496-2125  
G Too (Goodwill Also – St. Paul) (651) 379-5808  
Goodwill (Apple Valley) (952) 953-4410  
Hastings Family Services (651) 437-7134  
Neighbors (651) 455-1508  
Victory Value Store (952) 890-8222

## **HOUSING**

After Hours Crisis Response Unit (Dakota County) (952) 891-7171  
CAP Agency Housing Services (952) 496-2125  
Dakota Woodlands (651) 456-9110  
Families Moving Forward (612) 529-2185  
Habitat for Humanity (612) 331-4090  
Hastings Family Service Transitional Housing (651) 437-7134  
HRA - Section 8 & Subsidized Housing  
▪ Carver County (952) 448-7715  
▪ Dakota County (*CDA – Community Development Agency*) (651) 675-4400  
▪ South St. Paul (651) 451-1838  
▪ Scott County (952) 402-9022  
Landlord and Tenants Rights Email at [www.ag.state.mn.us](http://www.ag.state.mn.us)  
Lutheran Social Services Transitional Housing (612) 879-5206  
MN Attorney General (651) 296-3353  
MN Department of Human Rights (651) 296-5663  
MN Tenant's Union (612) 871-7485

*\*Advocacy, tenant problems*

Perspectives Family Center (for homeless) [www.perspectives-family.org](http://www.perspectives-family.org)  
Perspectives Transitional Housing for Women In Recovery (952) 926-2600  
Supportive Housing Unit (Dakota County) (651) 554-5751

## LEGAL SERVICES

Attorney General's Office Consumer Protection	(612) 296-3353
Centro Legal	(651) 642-1890
<i>*Legal services, legal education</i>	
Crime Victims Reparations Services	(651) 282-6256
Dakota County Attorney's Office	(651) 438-4438
Immigrant Law Center, St Paul	(651) 641-1011
	800-223-1368
Legal Assistance of Dakota County	(952) 431-3200
<i>*Divorce, OFP, unlawful detainer</i>	
Legal Rights Center Inc Bilingual, criminal & traffic violation cases	(612) 337-0030
MN Disability Law Center	(612) 332-1441
	(612) 332-4668 (TTY)
Ombudsman for Mental Health and Mental Retardation <i>*Advocacy</i>	(651) 296-3848
Southern MN Regional Legal Services (Scott & Carver Counties)	(651) 222-4731
Southern MN Regional Legal Services	
<i>Refugee, Immigrant and Migrant Services</i>	(651) 291-2837

## PARENTING

Big Brothers/Big Sisters	
▪ Carver, Dakota and Scott Counties	(651) 789-2400
Children's Home Society & Family Services	(651) 222-0311
Cradle of Hope	(651) 636-0637
Crisis Nursery	
▪ Parent Support Service-Dakota County	(651) 641-1300
▪ Scott & Carver Counties	(612) 839-5101
Dakota County Children & Family Services	(952) 891-7400
INFO-U	(612) 624-2200
<i>*A free service of the University of Minnesota Extension Service</i>	1-800-525-8636
<i>Over 150 voice messages about caring for children</i>	
Kids 'n Kinship	(952) 892-6368
LaLeche League	(612) 922-4996
New Beginnings (Intake, Scott & Carver Counties)	(952) 368-8850
<i>*Teen Parent/Teenage pregnancy</i>	
Parent Warmline	(612) 813-6336
<i>*Non-crisis parenting</i>	
Perspectives, Inc.	(952) 926-2600
Prevent Child Abuse Minnesota	
▪ State Office	(651) 523-0099 or 1-800-Children
Resource Center for Fathers & Families	(612) 874-1509

## TRANSPORTATION

CAC Help Line	(952) 985-4000
CART (Carver County)	(952) 466-5260
Community Car Care (Dakota County) <i>*Christian-based</i>	(952) 985-3870
DARTS (Dakota County) <i>*Elderly &amp; special needs</i>	(651) 455-1560
Dial-A-Ride	
▪ Shakopee	(952) 496-8341
▪ Hastings	(651) 437-8722
GAPP <i>*Free</i>	(952) 953-9299

MEDICA Provide-a-Ride	(952) 992-2292
<i>*Available to members of Medica, Child Care, Senior Care Complete</i>	
MN Valley Transit Authority (Burnsville)	(952) 882-7500
MNET (MA Only)	1-866-467-1724
National Runaway Switchboard	1-800-621-4000
Provides a Greyhound bus ticket home for runaway youth	
Neighbors (South St. Paul)	(651) 455-1508
Northland Transportation	(952) 885-0580
Scott County Transit	(952) 496-8277
TRAC (Hastings Family Service)	
8 a.m. - 4:30 p.m.	(651) 437-8722
6-8 a.m. & 4:30-6:00 p.m.	(651) 248-3207
Water's Edge Transportation (MA Only)	(952) 657-2216

### **Car Seat Programs**

Queen of Peace Hospital	(952) 758-4431
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### **Vehicle Repair**

CAP Agency <i>*Ways to Work Family Loan Program</i>	
▪ Scott & Carver Counties	(952) 496-2125
▪ Dakota County	(651) 322-3500
CAC <i>*Ways to Work Family Loan Program</i>	(952) 985-5300
Community Car Care <i>*Christian-based assistance</i>	(952) 985-3870

## **FINANCES**

### **WAYS TO WORK FAMILY LOAN PROGRAM**

CAP Agency	
▪ Scott & Carver Counties	(952) 496-2125
▪ Dakota County	(651) 322-3500
CAC	(952) 985-5300

### **MONEY MANAGEMENT**

Dakota County Employment & Economic Assistance	(651) 554-5611
Financial Education Web Sites	
* <a href="http://www.tomorrowsmoney.org">www.tomorrowsmoney.org</a> (English)	
* <a href="http://www.ahorrando.org">www.ahorrando.org</a> (Spanish)	
Financial Literacy Classes-CAP Agency	(952) 402-9832
Minnesota Extension Services * No cost	
▪ Dakota County	(651) 480-7700
▪ Carver County	(952) 466-5300
▪ Scott County	(952) 492-5410
Children's Home Society & Family Services (South St. Paul)	(651) 451-1434

## **HEALTH**

### **DENTAL CARE**

Children's Dental Services Association ( <i>Ages birth-18 yrs</i> )	
All Locations	(612) 746-1530
East Valley Dental, Apple Valley	(952) 423-4414
Helping Hand Dental Clinic (St. Paul) <i>*Sliding fee</i>	(651) 224-7561

Minnesota Dental Care (Richfield)	(612) 866-0616
*MA Patients Only (Blue Plus & Medica PMAP, MHP)	
Smile Center, Savage (MA & MN Care)	(952) 442-2292
U of M Dental Clinic *Low cost, adults and children, cash basis	(612) 625-2495

## **FAMILY PLANNING**

Alpha Women’s Center	(952) 447-5683
Apple Valley Life Care Center *Free testing & counseling	(952) 431-5011
AMNION – Crisis Pregnancy Center (Burnsville)	(952) 898-4357
*Free testing & counseling	
Birthright of Waconia	(952) 442-4026
Family Tree Clinic	(651) 645-0478
Hastings Birthright *Free testing & counseling	(651) 437-2313
Minnesota Family Planning and STD Hotline	1-800-78-FACTS
Planned Parenthood (Burnsville)	(952) 890-0940
Public Health	
▪ Carver County	(952) 361-1329
▪ Dakota County	(651)554-6100
▪ Scott County	(952) 496-8555
Twin Cities Fertility Care Center – Health East St. Joseph Hospital	(651) 232-3088
Wakota Life Care Center	
▪ W. St. Paul	(651) 457-1195
▪ Apple Valley	(952) 431-5011
West Suburban Teen Clinic	(952) 474-3251

## **HEALTH INSURANCE**

Dakota County Social Services	(952) 891-7400
Medical Assistance	
▪ Carver County	(952) 361-1600
▪ Dakota County	(651) 554-5611
▪ Scott County	(952) 445-7751
Minnesota Care	(651) 297-3862
	1-800-657-3672
Neighborhood Health Care Network	(651) 489-2273
Referral Line for affordable medical, dental & MH care	(866)489-4899 Toll Free

## **HOSPITALS**

Allina Hospitals & Clinics	(612) 262-5000
Children’s Hospital (St. Paul)	(651) 220-6147
Fairview Ridges Hospital (Burnsville)	(952) 892-2000
Health East St. Joseph Hospital (St. Paul)	(651) 232-3000
Queen of Peace Hospital (New Prague)	(952) 758-4431
Regina Medical Center (Hastings)	(651) 480-4100
Regions (St. Paul)	(651) 254-0855 or 4804
Ridgeview Medical Center	
(Waconia)	(952) 442-2191
(Non-metro)	(800) 967-4620
St. Francis Regional Medical Center (Shakopee)	(952) 403-3000
Trinity (Farmington)	(651) 463-7818
United (St. Paul)	(651) 241-8000

## MEDICAL

489 Care	<i>*Helps connect to low-cost clinics in Mpls/St. Paul apply for MN Care and MA</i>	(651) 489-2273
Community-University Health Care Center		(612) 638-0700
Hispanos en Minnesota		(651) 227-0831
Hispanic Health Network		(612) 722-0796
	<i>*Health Services, cultural competency trainings</i>	
Immunization Clinics	<i>*Low cost</i>	(952) 891-7500
La Familia Guidance Center		(651) 221-0913
La Oportunidad, Inc.		(612) 872-6165
	<i>*Housing programs for at-risk youth, violence prevention, chemical dependency, employment, academic and career counseling</i>	
MN Breast & Cervical Control Program		(651) 266-1216
	Free Mammograms to females 40+ without insurance or with poor coverage	
Poison Control		1-800-222-1222
Portico Health Net	<i>*helps determine eligibility for MN programs and may offer own program if not eligible</i>	(651) 603-5100
Public Health		
	▪ Carver County	(952) 361-1329
	▪ Dakota County	(952) 891-7500
	▪ Scott County	(952) 496-8555
River Valley Nursing Center		(952) 496-8669
	<i>Nursing assessments &amp; referrals to community resources</i>	
St. Mary's Health Clinics	<i>*Free Health Care</i>	(651) 690-7029
West Side Health Center		(651) 222-1816

## MENTAL HEALTH

### General

Catholic Charities	<i>*Sliding fee</i>	
Information and Referral		(612) 664-8500
Counseling Services and Intake		(651) 215-2209
Center for Victims of Torture		(612) 436-4800
Children's Home Society & Family Services (South St Paul)		(651) 451-1434
Crisis Connection		(612) 379-6363
	<i>* Phone counseling and referrals – 24-hour crisis line</i>	
Crisis Nursery		
	▪ Scott & Carver Counties	(612) 839-5101
	▪ Dakota County	(651) 641-1300
Dakota County Crisis Response Unit		(952) 891-7171
Emily Program (eating disorders)		(651) 645-5323
	▪ <a href="http://www.emilyprogram.com">www.emilyprogram.com</a>	
Emotions Anonymous		(651) 738-9099
Family Service ( St Paul)		(651) 222-0311
Fairview Mental Health Intake		(612) 672-6600
First Street Center (Carver County Mental Health)		(952) 442-4437
	▪ After hours crisis counseling	(952) 442-7601
Gambling Hotline		1-800-437-3641
La Familia Guidance Center		(651) 221-0913
LifeSpan of Minnesota (Dakota County)		(651) 681-0616
	<i>*Eagan, West St Paul, Hastings</i>	
Lutheran Social Services (Minneapolis)		(612) 871-0221
Mental Health Crisis Program-Scott and Carver Counties		(952) 442-7601
Recovery, Inc.	<i>*Self help mental health</i>	(612) 824-5773

Scott County Mental Health (952) 445-7751  
 ▪ After hours crisis counseling (651) 291-4680  
 Wilder Child Guidance Clinics (St Paul) (651) 642-4001  
 \*Child Counseling/Support Groups  
 Washburn Child Guidance (612) 871-1454

**Abuse**

Adults Recovering from Incest/ARIA (763) 591-5916  
 B. Robert Lewis House \*Advocates/support/shelter  
 Eagan (651) 452-7288 (24 hours)  
 Hastings (651) 437-1291  
 CAC Sexual Assault (South – Burnsville) (651) 405-8996  
 CAC Violence Prevention & Intervention Project (Burnsville) (952) 895-4637  
 Casa de Esperanza \*Battered women’s shelter (651) 772-1611  
 Center for Victims of Torture (612) 436-4800  
 Child Protection \*To report child abuse & neglect  
 ▪ Carver County (952) 361-1600  
 1-800-627-3529 (TDD)  
 ▪ Dakota County (952) 891-7459  
 \* After hours, weekends and holidays (952) 891-7171  
 ▪ Scott County (952) 496-8481  
 Children’s Home Crisis Nursery (651) 641-1300  
 Children’s Home Society & Family Services (651) 646-7771 or 800-952-9302  
 \*Support group/counseling  
 Crime Victim Ombudsman Referral Hotline 1-800-247-0390  
 Crisis Connection (612) 379-6363  
 Crisis Nursery  
 ▪ Dakota County (651) 641-1300  
 ▪ Scott & Carver Counties (612) 839-5101  
 Domestic Abuse Project (612) 874-7063  
 Fairview WomanKind Domestic Abuse Program \*Advocacy 24 hours 1-800-787-3224  
 Mental Health Crisis Program-Scott and Carver Counties (952) 442-7601  
 Midwest Children’s Resource Center (St Paul) (651) 220-6750  
 National Domestic Violence Hotline 1-800-799-SAFE  
 Pieteg, Ron \*Domestic Abuse Psychologist (952) 431-1515  
 Program for Victims of Sexual Assault/Sexual Violence Center  
 ▪ Scott & Carver Counties (952) 448-5425 (24 hours)  
 ▪ Hennepin County (612) 871-5111  
 Sexual Assault Crisis Line 1-800-643-6250  
 Sojourner Project \*Shelter/support (952) 933-7433  
 Southern Valley Alliance for Battered Women (952) 873-4214  
 Stop It Now \*Child Sexual Abuse Prevention 1-800-PREVENT  
 Stop It Now MN (651) 644-8515  
 The Bridge for Runaway Youth \*Family & Crisis Counseling (612) 377-8800  
 Tubman Family Alliance \*24-hour Crisis Line (612) 825-0000  
 WomanKind \*Advocacy 24 hours (952) 892-2500  
 Women’s Advocates (612) 227-9966

**Chemical Dependency**

5 Stars Recovery Center (Chaska) (952) 448-6557  
 Al-Anon/Alateen Family Groups \*24-Hour Answering Line (651) 771-2208  
 Alcoholics Anonymous Group (952) 922-0880  
 Alcoholics Anonymous \*24-Hour Help Line 1-800-262-4944  
 Chrysalis \*Support Groups (612) 871-0118  
 Community Services  
 ▪ Carver County (Human Services) (952) 361-1600  
 (952) 361-1673 (TDD)

▪ Dakota County	(952) 891-7400
▪ Scott County (Human Services)	(952) 445-7751
Dakota County Receiving Center/DETOX	(651) 437-4209
Fairview Recovery Services	(612) 672-2222
Greater MN	(612) 672-6999
Fairview Recovery Services (Burnsville)	(952) 892-2510
Healtheast Behavioral Care	(651) 232-3222
Lifestyles Counseling (Prior Lake)	(952) 447-1117
River Ridge Treatment Center	
Burnsville	(952) 894-7722
Minnetonka	(952) 936-0304

**Suicide Prevention**

Carver/Scott Mental Health Crisis Line *24-hour	(952) 442-7601
Crisis Connection	(612) 379-6363
Crisis Intervention Center *Hennepin County Medical Center	(612) 873-3161
Crisis Response Unit (Dakota County)	(952) 891-7171
Emergency Social Service Crisis Line (American Red Cross)	(651) 291-4680
Suicide Prevention (United Way)	(612) 347-2222

**SENIOR SERVICES**

Caregiver Respite	1-800-488-4146
CAP Agency CHORE (Scott & Carver Counties)	(952) 496-2125
Information & Referral:	
CAP Agency	
▪ Scott & Carver Counties	(952) 496-2125
▪ Dakota County	(651) 322-3500
Scott County Human Services	(952) 445-7751
Senior Linkage Line	(800) 333-2433
Senior Housing, Inc – Email at	info@seniorhousinginc.org
CAP Agency Meals on Wheels (Scott, Carver & Dakota Counties)	(952) 496-2125
Metropolitan Area Agency on Aging (MAAA)	(651) 641-8612
MN Board on Aging	(651) 431-2500
MN Senior Federation	(651) 645-0261
CAP Agency Senior Dining	(952) 496-2125
CAP Agency SHIP (senior health insurance counseling) (Scott County)	(952) 496-2125
The Senior Shop (Minneapolis) * <i>Clothing &amp; Household</i>	(612) 378-1018
Veterans Administration	(952) 496-8176
Prescription Medications	
Faircare	(651) 633-4111 or
For families without insurance and reduced priced medications	1-888-932-4779
RX Connect	1-800-333-2433
Apply for free or reduced price medications	www.MinnesotaHelp.info